**SENIOR NEWSLETTER MARCH 2016**

***It’s finally here! The very first signs of spring! While March came in briefly like a lion, hopefully it will go out like a lamb and we can officially say good-bye to the winter of 2016. We’ve seen worse, but I know I welcome spring with open arms. With spring almost here, so is graduation. And, I imagine most of you are ready for both. Both are a sign of new life and new growth and it’s an exciting time. Now is also when you need to be putting together the final details of your post-graduation plan, asking questions, meeting deadlines, sharing thoughts and concerns, continuing to work hard and yes, remembering to breathe. You can’t go back and change a thing. You can only put your best foot forward and believe in yourself and your potential. I know we all believe in you ☺ Mrs. Pierce***

**SCHOLARSHIPS**

***THE JANICE M. SCOTT MEMORIAL SCHOLARSHIP FUND***

$2500

3.0 GPA or higher

Attending a 4-year college or university

Demonstrated leadership through community and/or extracurricular activities

Parent(s) combined income cannot exceed $50,000

**DEADLINE MARCH 31, 2016** / See Mrs. Pierce for an application

***SPANGENBERG LAW FIRM VIDEO PSA SCHOLARSHIP CONTEST***

$2000 first prize / $1000 second prize

Applicants create an original, compelling, and impactful 30-60 second public service announcement on one of the following topics: bullying, voting, healthy food choices, distracted driving.

For more information, go to [www.Spanglaw.com/Scholarship](http://www.Spanglaw.com/Scholarship).

**DEADLINE APRIL 15, 2016**

***MILITARY OFFICES ASSOCIATION OF AMERICA SCHOLARSHIP, DAYTON AREA CHAPTER (DAC-MOAA)***

$2000

Students must have a parent who is serving on active duty, retired from the military, a former member of one of the services, or the survivor of a uniformed military service member.

**DEADLINE APRIL 15, 2016** / See Mrs. Pierce for an application

***VECTREN ENERGY LEADERSHIP SCHOLARSHIP***

$1000

Designed to honor students demonstrating effective leadership skills and energy knowledge throughout their high school careers.

Families must be a DP&L/Vectren customer

**DEADLINE APRIL 15, 2016** / See Mrs. Pierce for an application

***VIETNAM VETERANS OF AMERICA SCHOLARSHIP***

$500

Minimum 2.5 GPA

Applicants must be a son, daughter, or grandchild of an honorable discharged or active duty veteran.

**DEADLINE APRIL 23, 2016** / See Mrs. Pierce for an application

 ***“It is never too late to be what you might have been.” George Eliot***

***DAYTON FOUNDATION SCHOLARSHIPS***

Final reminder! Deadline is this Sunday, March 13th!

**CAREER INFO**

***APPRENTICESHIP OPPORTUNITY (The OTHER 4-year degree)***

United Association Plumbers, Pipe Fitters & Service Technicians

Minimum 2.0 GPA

2 full years of math, with at least a C average in each course

1 full year of science, with at least a C average

APPLICATIONS WILL BE AVAILABLE ONE DAY ONLY!

APPLY IN PERSON TO 1220 E. SECOND STREET

MARCH 25, 2016 / 8:00-11:30AM AND 1:00-6:00PM

For more information, see Mrs. Pierce

***TOP 10 MOST ADVERTISED JOBS IN DAYTON REGION*** (Dayton Daily News)

**Heavy and tractor-trailer truck drivers**

**Registered nurses**

**First- line supervisor of retail salespeople**

**Retail salespeople**

**Industrial engineers**

**Customer service representatives**

**Maintenance and repair workers: general**

**First-line supervisors of production and operating workers**

**Licensed practical and licensed vocational nurses**

**Computer user support specialists**

*\*Health care and health care support jobs will lead the growth in area employment and have the highest median pay by the end of this decade.*

***JOBS THAT DON’T REQUIRE 4-YEAR DEGREES*** (Dayton Daily News)

Dayton has above average “opportunity occupations” which means jobs that generally don’t require a four-year degree and many pay above the national median.

*For example:*

**Administrative Assistant $23,000 - $48,000**

**Sales/Marketing Manager $31,000 - $106,000**

**Quality Assurance Inspector $25,000 - $71,000**

**Registered Nurse $43,000 - $82,000**

**Police Officer $31,000 - $81,000**

**Electrician $30,000 - $81,000**

*In addition in our area:*

**Machinists General maintenance and repair workers**

**Technicians Secretaries and administrative assistants**

**Operation managers Bookkeepers**

**Accounting and auditing clerks Heavy and tractor trailer truck drivers**

**COLLEGE INFO**

***HOT DEGREE PROGRAM AT SINCLAIR!***

**UAS Associate’s Degree.**

UAS stands for Unmanned Aerial Systems, such as drones. The aviation and UAS industries are becoming more and more connected and will need tens of thousands of qualified workers over the next decade. Sinclair graduates in this field will have excellent job opportunities.

**KETTERING COLLEGE**

Interested in the health care profession? Kettering College offers:

***Associates Degrees: Bachelor’s Degrees: Online Bachelor’s Degrees:***

Radiologic Technology Respiratory Care Education Nursing

Nuclear Medicine Technology Nursing Management Respiratory

 Human Biology Sonography

 SonographyAdvanced Imaging

***If interested, attend a Kettering Admission Planning Session offered every Tuesday at 4pm and on
Thursdays at 6pm. These sessions include a guided tour of the college, financial aid information, academic information, and a Q&A session. No appointment is necessary!***

**TEEN INFO**

*Suicide is the 3rd leading cause of death for youth between the ages of 10 and 24. According to the Center for Disease Control, of students in grades 9-12, 16% have seriously considered suicide, 13% have created a plan, and 8% have actually tried to take their life. Warning signs to be aware of:*

**BEHAVIORAL**

Being depressed Changes in behavior Changes in school performance

Changes in appetite/weight Helplessness/hopelessness Loss of energy

Morbid ideation Substance abuse Loss of interest in once favorite activities

Withdrawn/isolated Giving away possessions

**VERBAL**

“I am going to kill myself” “I can’t stand living anymore”

“I want to die” “I’ve had enough. I am ending it all”

“My family would be better off without me” “I don’t want to be a burden anymore”

“Don’t worry about me. I won’t be around much longer”

“I’ve had it. I don’t want to bother anyone with my troubles anymore”

**STRESSFUL LIFE EVENTS**

Changes in close relationships Recent losses

Recent disappointments Serious illness or the belief that one is seriously ill

*\*Staying connected to family and peers is considered the number one way to prevent teen suicide.*

 ***“There are only two ways to live your life. One is though nothing is a miracle.***

 ***The other is though everything is a miracle.” Albert Einstein***